

ASSISTANT ATHLETIC TRAINER/THERAPIST

CLASS SUMMARY

Under direction, - assists a physician in the emergency treatment of athletes' injuries; performs prescribed physical therapy and administers first aid; tapes and straps for preventive therapy; handles medical insurance forms; covers athletic events; assumes and performs related duties and responsibilities as required.

REPRESENTATIVE DUTIES

Accompanies teams on some trips and attends home games to provide first aid or assist in treatment for injuries; carries out physicians' orders in administering light, heat, and other physical therapy treatments; operates related therapy equipment; tapes athletes before a game as needed; send injured athletes to physician as necessary; assists in administering physical exams; transports injured athletes to doctors or hospital; observes surgery and keeps vigil in recovery room; inspects athletic equipment and facilities for hazards; prepares injury and treatment reports; maintains records on all athletic injuries; maintains treatment room and equipment in clean and sanitary condition.

ORGANIZATIONAL RELATIONSHIPS

This position reports to the designated supervisor or administrator, and may receive direction from the Athletic Trainer/Therapist. It supervises part-time trainers on work-study.

DESIRABLE QUALIFICATIONS GUIDE

Training and Experience

Any combination of training, and/or experience equivalent to that required for certification by the National Athletic Trainers Association (NATA), such as a Bachelor's degree in physical education as well as 1500 hours of internship and various certifications.

Knowledge and Abilities

Thorough Knowledge of: principles and methods of physical therapy, including the use of heat, cold, exercise, massage, water, light, electricity, and sound in treating disabilities under prescription; knowledge of physical fitness training, exercise and diets required for various college sports; knowledge of first-aid methods including artificial respiration and bandaging; knowledge of heat and diathermy treatment methods; knowledge of injury symptoms.

ASSISTANT ATHLETIC TRAINER/THERAPIST (continued)

Ability to: administer all forms of approved physical therapy and first aid under stress; follow professional and administrative directions and instructions explicitly; communicate effectively and work cooperatively with coaches, athletes, and others.

Skills: First aid and CPR skills; operation of physical therapy equipment; application of taping and strapping technique.

License or Certification: certification by NATA; certification in first aid and in CPR; a valid California Motor Vehicle operator's license.