

Celebrate Mom and Dad Year-Round!

Give the Gift of Health

Nothing is more important than the health and well-being of loved ones.

Remind your parents and parents-in-law that they can call Health Advocate too! You can also reach out to us on their behalf. Your spouse and dependent children are eligible as well. There's no cost to use the program; it's paid for by your employer or plan sponsor.

The many ways we can help

Your Health Advocate program provides your family with a Personal Health Advocate who can:

- ✓ Find doctors and specialists
- ✓ Schedule appointments
- ✓ Address medication issues
- ✓ Explain Medicare
- ✓ Locate in-home care, assisted living, long-term care
- ✓ Negotiate medical bills

Your EAP+Work/Life program includes a Licensed Professional Counselor or Work/Life Specialist who can help them address:

- ✓ Stress, depression, anxiety
- ✓ Marital relationships and family issues
- ✓ Depression, grief and loss
- ✓ Time management and living with others
- ✓ Legal and financial services
- And much more!**

Turn to Us!

We can help in many ways. Just contact us anytime at:
866.799.2728
answers@HealthAdvocate.com



HealthAdvocate™
Always at your side