

HealthAdvocate™ can help

**WE KNOW
HEALTHCARE
IS COMPLEX,**

**AND SOMETIMES, YOU
NEED SOMEONE TO HELP
YOU FIND YOUR WAY.**



A CONFIDENTIAL RESOURCE

available at no cost, to help you—and your family members—address all kinds of healthcare issues.

WHAT NUMBER DO I CALL?

866.799.2728



**YOUR HEALTH
ADVOCATE IS
HERE WHEN
YOU NEED IT
MOST.**

YOUR PERSONAL HEALTH ADVOCATE CAN HELP YOU:

- Find quality doctors and facilities
- Secure second opinions
- Schedule appointments, and transfer medical records
- Resolve insurance and claims-related issues
- Answer benefit questions
- Locate eldercare resources

AND MUCH MORE...

Health Advocate is not an insurance company. It doesn't replace your health care plan. It helps you navigate healthcare and any insurance-related issues.

24/7 SUPPORT

Normal business hours are Monday through Friday from 8:00 a.m. – 12:00 a.m. ET (5:00 a.m. – 9:00 p.m. PT). Staff is also available after hours and during weekends.

WHO IS ELIGIBLE?

Health Advocate is available to eligible employees and family members. Your spouse/partner and your children, as well as your parents and parents-in-law, can call as often as needed.

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