

## **ATHLETIC TRAINER/THERAPIST**

### **CLASS SUMMARY**

Under the direction of the Dean, accountable for the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. The Athletic Trainer is responsible for therapeutic care, injury prevention and rehabilitation treatments of student-athletes. This individual provides athletic training services, administers first aid; aids in accident prevention by assisting in the inspection of medical equipment; is the first responder in emergency situations involving the student-athlete, performs immediate treatment and care of injuries, makes decisions regarding and coordinates medical referral when necessary, organizes and tracks insurance information, performs extended treatment and rehabilitation of athletic injuries and makes decisions regarding return to play

### **REPRESENTATIVE DUTIES**

The Athletic Trainer is present at all home contests, is the first responder in emergency situations involving the athlete, and performs immediate treatment and care of injuries. The Athletic Trainer may accompany teams on trips as necessary, makes decisions regarding and coordinates medical referral when necessary. The Athletic Trainer organizes and tracks insurance information, performs extended treatment and rehabilitation of athletic injuries and makes decisions regarding return to play; establishes operational policies, objectives, and major plans for the ongoing care of the student-athlete including policies regarding the coverage and use of the secondary insurance and develops and maintains the athletic training budget; facilitates the services of physicians and other health care as well as outside referrals for the student athletes' medical management; helps coordinate the health screening with the assistance of the team physician; maintains and is responsible for health records and documentation of care in accordance with approved standards; provides supervision of medical supplies and equipment; may transport or arrange transportation of injured athlete to doctors' appointments or to the hospital as necessary; inspects and arranges the maintenance of athletic equipment and checks facilities for potential hazards; maintains a clean and sanitary facility. Perform other administrative functions as needed.

### **ORGANIZATIONAL RELATIONSHIPS**

This position reports to the designated administrator or supervisor.

### **DESIRABLE QUALIFICATION GUIDE**

#### **Training and Experience**

Bachelor's degree from an accredited professional Athletic Training education program and pass a comprehensive test administered by the Board of Certification (BOC). Preferably would be a member of the National Athletic Trainers' Association (NATA).

### **ATHLETIC TRAINER/THERAPIST cont'd**

#### **Knowledge and Abilities**

Thorough Knowledge of: principles and methods of Athletic Training, including the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. Physical therapy, including the use of heat, cold, exercise, massage, water, light, electricity and sound in treating disabilities under prescription; knowledge of physical fitness training, exercise and diets required for various college sports; knowledge of first-aid methods including artificial respiration and bandaging; knowledge of heat and diathermy treatment methods; knowledge of injury symptoms.

Knowledge of physical fitness training, exercise and diets required for various intercollegiate athletic programs. Operation and knowledge of therapeutic modalities; ability to appropriately utilize taping techniques.

Ability to: treat using modalities such as of heat, cold, massage, electric stimulation and ultrasound in treating disabilities and ailments. Follow professional and administrative directions and instructions explicitly; communicate effectively and work cooperatively with coaches, athletes, and others. Ability to interpret and apply university and athletic department rules and policies.

Skills: CPR certified and first aid skills; strong commitment to teamwork and good interpersonal communication skills.

License or certification: BOC Inc. certification and maintain good standing with the BOC; Current Emergency Cardiac Care Certification for the professional rescuer and/or health care provider; a valid California Motor Vehicle operator's license with a driving record that meets minimum standards established by the district's insurance carrier.