Coverage Period: 01/01/2019-12/31/2019
Coverage for: Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can get the complete terms in the policy or plan document at www.anthem.com/ca/sisc or by calling 1-855-333-5730. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-855-333-5730 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	<b>\$0</b> per individual / <b>\$0</b> per family Does not apply to preventive care and prescription drugs.	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes. Preventive care, prescription drugs, and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For <u>network providers</u> : <b>\$1,000</b> individual / <b>\$2,000</b> family for medical, and <b>\$2,500</b> individual / <b>\$3,500</b> family for prescription drugs.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	<u>Copayments</u> for certain services, <u>premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of <u>providers</u> , see www.anthem.com/ca/sisc or call 1-855-333-5730.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



Common		What Yo	u Will Pay	Limitations, Exceptions, &
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information
If you visit a health	Primary care visit to treat an injury or illness	\$10 / visit	Not Covered	None
care provider's office	Specialist visit	\$10 / visit	Not Covered	None
or clinic	Preventive care/screening /immunization	No Charge	Not Covered	None
	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	Not Covered	None
If you have a test	Imaging (CT/PET scans, MRIs)	\$100 / test	Not Covered	Costs may vary by site of service. You should refer to your formal contract of coverage for details.
If you need drugs to treat your illness or	Generic drugs	Costco 30-Days: \$0/Rx Other 30-Days: \$5/Rx Mail 90-Days: \$10/Rx	Member must pay the entire	Some narcotic pain medications and cough medications require the regular retail <u>copayment</u> at Costco and 3 times the regular <u>copayment</u> at Mail.
More information about prescription drug coverage is available at www.navitus.com	Brand drugs	Costco 30-Days: \$15/Rx Other 30-Days: \$15/Rx Mail 90-Days: \$30/Rx	cost up front and apply for reimbursement. Net cost may be greater than if member uses an In-network provider.	If a brand drug is dispensed when a generic equivalent is available, then the member will be responsible for the generic <u>copayment</u> plus the cost difference between the generic and brand.
	Specialty drugs	Follows Generic, Preferred, & Non-Preferred Costs Above	Not Covered	Member must use Navitus Specialty Rx. Supplies of more than 30 days are not allowed
If you have	Facility fee (e.g., ambulatory surgery center)	No Charge	Not Covered	None
outpatient surgery	Physician/surgeon fees	No Charge	Not Covered	None

Common		What Yo	u Will Pay	Limitations, Exceptions, &
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information
	Emergency room care	\$100 / visit	\$100 / visit	This is for the hospital/facility charge only; copayment waived if admitted. Failure to preauthorize out-of-network provider services may result in reduced or nonpayment of benefits. The emergency room physician charge may be separate.
If you need immediate medical	Emergency medical transportation	\$100 / trip	\$100 / trip	None
attention	Urgent care	\$10 / visit	Not Covered	Copayment waived if admitted inpatient or outpatient emergency care. If you are within the service area (less than 15 miles or 30 minutes away from your medical group or their hospital), contact your Primary Care Physician or medical group. Costs may vary by site of service.
If you have a	Facility fee (e.g., hospital room)	No Charge	Not Covered	None
hospital stay	Physician/surgeon fee	No Charge	Not Covered	None
If you have mental health, behavioral	Outpatient services	Office Visit: \$10 / visit Facility: No Charge	Not Covered	None
health, or substance abuse needs	Inpatient services	No Charge	Not Covered	This is for facility professional services only. Please refer to your hospital stay for facility fee.
	Office Visits	\$10 / visit	Not Covered	None
If you are pregnant	Childbirth/delivery professional services	No Charge	Not Covered	None
	Childbirth/delivery facility services	No Charge	Not Covered	None

Common		What Yo	u Will Pay	Limitations, Exceptions, &
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information
	Home health care	\$10 / visit	Not Covered	Coverage is limited to 100 visits/calendar year (one visit by a home health aide equals four hours or less).
	Rehabilitation services	\$10 / visit	Not Covered	Coverage is limited to 60 day period
If you need help recovering or have other special health needs	Habilitation services	\$10 / visit	Not Covered	of care for Occupational, Physical and Speech therapy including Chiropractor. All rehabilitation and habilitation visits count toward your rehabilitation visit limit. Costs may vary by site of service. Please refer to your formal contract.
	Skilled nursing care	No Charge	Not Covered	Coverage is limited to 100 days per calendar year.
	Durable medical equipment	No Charge	Not Covered	None
	Hospice service	No Charge	Not Covered	None
TC1-11-11	Children's eye exam	Not Covered	Not Covered	None
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	None
uciitai di eye care	Children's dental check-up	Not Covered	Not Covered	None

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

• Cosmetic surgery

• Routine foot care

Services not deemed <u>medically necessary</u>

• Dental care (Adult/Child)

• Private-duty nursing

• Weight loss programs

• Infertility treatment

• Routine eye care (Adult/Child)

Long-term care

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

Acupuncture

• Bariatric surgery

• Chiropractic care

Hearing aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Anthem BlueCross Or Contact: Department of Labor's Employee Benefits

ATTN: Appeals Security Administration at P.O. Box 4310 1-866-444-EBSA(3272) or Woodland Hills, CA 91365-4310 www.dol.gov/ebsa/healthreform

### Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

### Language Access Services:

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoołwoł íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'ałníhí ya sidáhí bich'į naabídííłkiid. Eí doo biigha daago ni ba'nija'go ho'aałagíí bich'į hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'į hodiilní.

아직 가입하지 않았거나 한국어로 된 도움말이 필요한 경우 영업 관리자나 그룹 관리자에게 문의하시기 바랍니다. 이미 가입한 경우 ID 카드에 있는 번호를 사용하여 고객 서비스에 문의하시기 바랍니다.

Nếu quý vị chưa phải là một hội viên và cần được giúp đỡ bằng Tiếng Việt, xin liên lạc với đại diện thương mãi của quý vị hoặc quản trị viên nhóm. Nếu quý vị đã ghi danh, xin liên lạc với dịch vụ khách hàng qua việc dùng số điện thoại ghi trên thẻ ID của quý vị.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$10
Hospital (facility) copayment	\$0
Other (blood work) <u>copayment</u>	\$0

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example, Peg would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$200
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$260

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$10
Hospital (facility) copayment	\$0
Other (blood work) copayment	\$0

### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$600
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$70
The total Joe would pay is	\$670

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$10
Hospital (facility) copayment	\$0
Other (x-ray) copayment	\$0

#### This EXAMPLE event includes services like:

Emergency room care *(including medical supplies)*Diagnostic test *(x-ray)*Durable medical equipment *(crutches)*Rehabilitation services *(physical therapy)* 

Total Example Cost \$1,900
----------------------------

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$300

The plan would be responsible for the other costs of these EXAMPLE covered services.