Anthem Blue Cross: 90/70 Optional; Rx 5-15-30

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can get the complete terms in the policy or plan document at www.anthem.com/ca/sisc or by calling 1-855-333-5730. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-855-333-5730 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	<b>\$250</b> per individual / <b>\$500</b> per family Does not apply to preventive care and prescription drugs.	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> , <u>prescription drugs</u> , and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For network providers: \$1,000 individual / \$2,000 family for medical; For out-of-network providers: \$3,000 individual / \$6,000 family for medical; Pharmacy: \$2,500 individual / \$3,500 family for prescription drugs.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Copayments for certain services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of PPO providers, see www.anthem.com/ca or call 1-855-333-5730.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

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All  $\underline{\text{copayment}}$  and  $\underline{\text{coinsurance}}$  costs shown in this chart are after your  $\underline{\text{deductible}}$  has been met, if a  $\underline{\text{deductible}}$  applies.

Important Questions	Answers	Why this Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

Common		What You Will Pay		Limitations, Exceptions, &
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Other Important Information
If you visit a health	Primary care visit to treat an injury or illness	\$20 / visit	30% coinsurance	None
care provider's office	<u>Specialist</u> visit	\$20 / visit	30% coinsurance	None
or clinic	Preventive care/screening/immunization	No Charge	30% coinsurance	None
If you have a toot	Diagnostic test (x-ray, blood work)	10% coinsurance	30% coinsurance	None
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% coinsurance	Coverage limited to \$800 for <u>out-of-network providers</u> .
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.navitus.com	Generic drugs	Costco 30-Days: \$0/Rx Other 30-Days: \$5/Rx Mail 90-Days: \$10/Rx	Member must pay the entire cost up front and apply for	Some narcotic pain medications and cough medications require the regular retail <u>copayment</u> at Costco and 3 times the regular <u>copayment</u> at Mail.
	Preferred brand drugs	Costco 30-Days: \$15/Rx Other 30-Days: \$15/Rx Mail 90-Days: \$30/Rx	reimbursement. Net cost may be greater than if member uses an In-network provider.	If a brand drug is dispensed when a generic equivalent is available, then the member will be responsible for
	Non-preferred brand drugs	Costco 30-Days: \$30/Rx Other 30-Days: \$30/Rx Mail 90-Days: \$75/Rx	<u> </u>	the generic copayment plus the cost difference between the generic and brand.
	Specialty drugs	Follows Generic, Preferred, & Non-Preferred Costs Above	Not Covered	Member must use Navitus Specialty Rx. Supplies of more than 30 days are not allowed

Common		What You Will Pay		Limitations, Exceptions, &
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	In-network hospital benefit limitations: Arthroscopy: \$4,500/procedure Cataract Surgery: \$2,000/procedure Colonoscopy: \$1,500/procedure Upper GI Endoscopy w/Biopsy: \$1,250/procedure Upper GI Endoscopy w/o Biopsy: \$1,000/procedure  Coverage is limited to \$350/admit for out-of-network Ambulatory Surgery Centers.
	Physician/surgeon fees	10% <u>coinsurance</u>	30% coinsurance	None
If you need immediate medical attention	Emergency room care	\$50 / visit	\$50 / visit	\$50 / visit <u>copayment</u> waived if admitted. You are responsible for billed charges exceeding maximum allowed amount for <u>out-of-network providers</u> .
	Emergency medical transportation	10% <u>coinsurance</u>	In an emergency or with an authorized referral: 10% coinsurance. Non-Emergency: 30% coinsurance	None
	<u>Urgent care</u>	\$20 / visit	30% <u>coinsurance</u>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	10% <u>coinsurance</u>	\$250 / admit + 30% coinsurance	Benefit for non-emergency hospital services received from a <u>non-preferred</u> hospital is limited to \$1,500 per day. Members are responsible for all charges in excess of \$1,500. Failure to prior authorize may result in reduced or nonpayment of benefits.
	Physician/surgeon fee	10% <u>coinsurance</u>	30% coinsurance	None

Common		What Yo	u Will Pay	Limitations, Exceptions, &
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Other Important Information
If you have mental health, behavioral	Outpatient services	Office Visit: \$20 / visit Facility: 10% coinsurance	30% coinsurance	None
health, or substance abuse needs	Inpatient services	10% <u>coinsurance</u>	\$250 / admit + 30% coinsurance	This is for facility professional services only. Please refer to your hospital stay for facility fee.
If you are pregnant	Office Visits	\$20 / visit	30% coinsurance	Cost sharing does not apply for preventative services. Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery professional services	10% coinsurance	30% coinsurance	None
	Childbirth/delivery facility services	10% <u>coinsurance</u>	\$250 / admit + 30% coinsurance	Non-Preferred facility are subject to a maximum benefit payment up to \$1,500 per day.

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, &
Medical Event		Network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Other Important Information
If you need help	Home health care	10% <u>coinsurance</u>	10% <u>coinsurance</u> (benefit limited to \$150/day)	Coverage is limited to a total of 100 visits, In-Network Provider and Non-Network Provider combined per calendar year (one visit by a home health aide equals four hours or less; not covered while member receives hospice care). In-Network and Non-Network services count towards your limit. Subject to utilization review.
recovering or have	Rehabilitation services	10% coinsurance	30% coinsurance	None
other special health	Habilitation services	10% <u>coinsurance</u>	30% coinsurance	None
needs	Skilled nursing care	10% coinsurance	10% coinsurance	Coverage is limited to a combined total of 100 days per calendar year for services received from In- Network & Non-Network Providers.
	Durable medical equipment	10% <u>coinsurance</u>	30% coinsurance	Subject to utilization review. Therapeutic shoes & inserts for members with diabetes (2 pairs each/calendar year).
	Hospice service	No Charge	30% coinsurance	None
If your shild needs	Children's eye exam	Not Covered	Not Covered	None
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	None
demai or eye care	Children's dental check-up	Not Covered	Not Covered	None

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery

• Routine foot care

• Services not deemed <u>medically necessary</u>

• Dental care (Adult/Child)

• Private -duty nursing

• Weight loss programs

• Infertility treatment

• Routine eye care (Adult/Child)

Long-term care

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

Acupuncture

Bariatric surgery

Chiropractic care

• Hearing aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Anthem BlueCross ATTN: Appeals P.O. Box 4310

Woodland Hills, CA 91365-4310

Or Contact: Department of Labor's Employee Benefits

Security Administration at 1-866-444-EBSA(3272) or www.dol.gov/ebsa/healthreform

## Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## Language Access Services:

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoołwoł íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'ałníhí ya sidáhí bich'į naabídííłkiid. Eí doo biigha daago ni ba'nija'go ho'aałagíí bich'į hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'į hodiilní.

아직 가입하지 않았거나 한국어로 된 도움말이 필요한 경우 영업 관리자나 그룹 관리자에게 문의하시기 바랍니다. 이미 가입한 경우 ID 카드에 있는 번호를 사용하여 고객 서비스에 문의하시기 바랍니다.

Nếu quý vị chưa phải là một hội viên và cần được giúp đỡ bằng Tiếng Việt, xin liên lạc với đại diện thương mãi của quý vị hoặc quản trị viên nhóm. Nếu quý vị đã ghi danh, xin liên lạc với dịch vụ khách hàng qua việc dùng số điện thoại ghi trên thẻ ID của quý vị.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$250
■ Specialist copayment	\$20
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

## This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost \$12,800
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In this example, Peg would pay:

Cost Sharing			
Deductibles	\$250		
Copayments	\$300		
Coinsurance	\$450		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$1,060		

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
■ Specialist copayment	\$20
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

In this example, Joe would pay:

Cost Sharing		
Deductibles	\$200	
Copayments	\$700	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$70	
The total Joe would pay is	\$970	

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
■ Specialist copayment	\$20
■ Hospital (facility) coinsurance	10%
Other <u>coinsurance</u>	10%

### This EXAMPLE event includes services like:

Emergency room care *(including medical supplies)*Diagnostic test *(x-ray)*Durable medical equipment *(crutches)* 

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$100
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$550

The plan would be responsible for the other costs of these EXAMPLE covered services.