Employee Benefits

Introduction

This brochure provides a summary of your benefit options and is designed to help you make choices and enroll for coverage. If you would like more information about any of the benefits described here, please contact the Benefits Office at 714-480-7567.



Santa Ana College • Santiago Canyon College

www.rsccd.edu/benefits

In This Summary

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Updated 5/16/19

Eligibility for Medical/Dental/Vision

Eligible Employees

As an eligible new hire, you may participate in the Medical/Dental/Vision benefits on the first day the month following your date of hire. You will enroll thru our online database system "AFenroll".

Eligible Dependents

Your children are eligible if they are under the age of 26, regardless of marital status, financial dependency, in school or armed forces.

- They must be your natural, step, adopted or foster child.
- A Grandchild is eligible as long as you are the Court appointed legal guardian.
- Your legal spouse
- Your domestic partner
 - Must provide proof of registration of domestic partnership with the State of California (http://www.sos.ca.gov/dpregistry/)

RSCCD does not permit "double coverage". If you, your spouse or a parent are both employees of RSCCD you may not elect coverage as both an employee and a dependent.

It is the employee's responsibility to notify the District should one of your dependents no longer be eligible for coverage

Proof of Eligibility:

When adding a dependent to your insurance coverage, you will be required to provide original and/or certified copies of one or more of the following:

- Marriage license
- Birth certificate
- Court adoption papers

Important information should you choose to decline coverage

If you want to decline health coverage for yourself and/or dependents, you must log into AFenroll to select "Waive coverage." If you decline coverage/for any reason other than having other health insurance coverage, you and/or your dependents will not be able to enroll until the next annual enrollment period.

If you **decline** enrollment for yourself or your dependents because of other health insurance coverage, you may in the future be able to enroll yourself or your dependents in a District sponsored plan, provided that you request enrollment within 30 days after your other coverage ends. *You and/or your dependents will be considered "Special Enrollees."* In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you can enroll your dependent (s) within 30 days after the marriage, birth adoption, or placement for adoption.

This is a summary of the plan details. In the event of any discrepancy between this summary and the provisions of the specific insurance contracts, the provisions of the contracts shall apply.

Life Event Changes

Changes to Enrollment

Our benefits plans are effective January 1st through December 31st of each year. There is an annual open enrollment period each year during October in which you can make new benefit elections for the following year effective January 1st. Once you make your benefit elections, you cannot change them during the year unless you experience a qualified change in family status as defined by the IRS.

- Change in legal marital status, including marriage, divorce, legal separation, annulment and death of a spouse
- Change in number of dependents, including birth, adoption, placement for adoption, or death of a
 dependent child
- Change in employment status that affects benefit eligibility, including the start or termination of employment by you, your spouse, or your dependent child
- Change in work schedule, including an increase or decrease in hours of employment by you, your spouse, or your dependent child, including a switch between part-time and full--time employment that affects eligibility for benefits.
- **Change in a child's dependent status,** either newly satisfying the requirements for dependent child status or ceasing to satisfy them.
- Change in place of residence or worksite, including a change that affects the accessibility of network providers.
- A court order resulting from a divorce, legal separation, annulment or change in legal custody (including a Qualified Medical Child Support Order) requiring coverage for you child.
- An event that is a "special enrollment" under the Health Insurance Portability and Accountability Act
 (HIPAA) including acquisition of a new dependent by marriage, birth or adoption, or loss of coverage
 under another health insurance plan.
- An event that is allowed under the Children's Health Insurance Program (CHIP) Reauthorization Act.
 Under provision of the Act, employees have 60 days after the following events to request enroll
 Note ment if:
 - Employee or dependent loses eligibility for Medicad (know as Medi-Cal in CA) or CHIP (know as Healthy Families in CA)
 - Employee or dependent becomes eligible to participate in a premium assistance program under Medicaid or CHIP.

Coverage for a new spouse, domestic partner or newborn child is not automatic. Please note you have **31 days from the life event** to make necessary additions or deletions to your benefits on our **EmployEase** website. You must provide necessary documentation as noted on page 2 of this benefits guide.

Kaiser Permanente Traditional HMO Plan

With the Kaiser Permanente Traditional Health Maintenance Organization (HMO) plan, services must be obtained at a Kaiser Permanente facility, except in the case of emergency. Kaiser Permanente integrates all elements of healthcare such as physicians, medical centers, pharmacy and administration in one convenient facility. In addition, Kaiser Permanente offers online tools so you can email your doctor's office, make appointments, refill prescriptions, and more. Kaiser Permanente HMO medical plan highlights include:

- There is no plan deductible.
- Services are only covered when you use Kaiser Permanente providers and facilities, except in the case of emergency.
- You are encouraged to select PCP from the pre-approved list of Kaiser Permanente healthcare providers. Each family member may choose his or her own PCP.
- Kaiser Permanente requires a referral from your PCP to see a specialist.
- Kaiser Permanente will file all claims on your behalf.



Download the Kaiser Permanente app on the App Store or Google Plan to access your health plan information 24/7 from your mobile device. You can use the app to view your benefits, make or change appointments, communicate with your doctor, refill prescriptions, view test results, access your medical records and contact Customer Service

Anthem Blue Cross California Care HMO Plan

With the Anthem Blue Cross California Care Health Maintenance Organization (HMO) plan, you must choose a primary care physician (PCP) or medical group within the Anthem Blue Cross HMO network. All of your care must be directed through your PCP or medical group. Any specialty care you need will be coordinated through your PCP and will generally required a referral or authorization. You will receive benefits only if you use the doctors, clinics and hospitals that belong to the medical group in which you are enrolled, except in the case of an emergency. HMO medical plan highlights include:

- There is no plan deductible
- Services are only covered when you use HMO network providers, except in the case of an emergency.
- You are encouraged to select a PCP or medical group from the HMO plan's pre-approved list of healthcare providers. Each family member may choose his or her own PCP or medical group.
- The HMO plan requires a referral from your PCP to see a specialist.
- Your PCP will file all claims on your behalf.



Download the Anthem Blue Cross app on the App Store or Google Plan to access your California Care HMO Plan information 24/7 from your mobile device. The Anthem Blue Cross app allows you to view your benefits, find a doctor or urgent care and get directions, access your medical ID card, and contact Customer Service.

Anthem Blue Cross Prudent Buyer PPO Plan

With the Anthem Blue Cross Prudent Buyer Preferred Provider Organization plan, you are not limited to the physicians within the PPO network and you may self-refer to specialists. If you receive care from a physician who is a member of the PPO network, a greater percentage of the entire cost will be paid by the insurance plan. You may also obtain services using a non-network provider; however, you will be responsible for the difference between the covered amount and the actual charges and you may be responsible for filing claims. PPO medical plan highlights include:

- This plan includes a deductible for individual and family coverage.
- You may receive services from providers inside and outside the PPO network.
- You are not required to select a PCP or medical group.
- You are not required to obtain a referral to see a specialist.
- Most PO network providers will file claims on your behalf. However, if you use the non-network tier



Download the Anthem Blue Cross app on the App Store or Google Plan to access your Prudent Buyer PPO Plan information 24/7 from your mobile device. The Anthem Blue Cross app allows you to view your benefits, find a doctor or urgent care and get directions, access your medical ID card, and contact Customer Service.

The charts in this document only provides highlights of the benefits offered. If there are inconsistencies between these charts and the official plan documents, the plan documents will govern. These charts do not serve as a contract.

Please see website for more detailed information @ www.rsccd.edu/benefits

Medical Benefits Comparison

Plan Name	Blue Cro	oss PPO	Blue Cross HMO	Kaiser HMO	Kaiser HMO Medicare Senior Advantage Plan
Eligibility	Active Employees & Retirees		Active Employees & Retirees	Active Employees and Retirees Under Age 65	Retirees Over Age 65 & Must Have Medicare Part A and B
	In-Network	Out-of-Network			
Annual Deductible					
- Individual	\$250.00	\$250.00	\$0.00	\$0.00	\$0.00
- Family	\$500.00	\$500.00	\$0.00	\$0.00	\$0.00
Out of Pocket Max					
- Individual	\$1,000.00	\$3,000.00	\$1,000.00	\$1,500.00	\$1,500.00
- Family	\$2,000.00	\$6,000.00	\$2,000.00	\$3,000.00	
Medical/Outpatient					
Physician Office Visit					
- Primary Care Physician	\$20.00	70%	\$10.00	\$10.00	\$10.00
- Specialist	\$20.00	70%	\$10.00	\$10.00	\$10.00
Urgent Care	\$20.00	70%	\$10.00	\$10.00	\$10.00
Routine Preventive Care	No Charge	Not Covered	No Charge	No Charge	No Charge
Well Baby/Well Child	No Charge	70%	No Charge	No Charge	
X-Rays and Lab Tests	90%	70%	No Charge	No Charge	No Charge
CT, CAT MRI or PET Scans	90%	30% subject to utilization review \$800 per proce- dure limit	\$100.00	No Charge	No Charge
Durable Medical Equipment	90%	70%	No Charge	No Charge	20% of Charges
Hearing Aids	Up to \$2000/ear every 3 years	30%		Up to \$2000/ear every 3 years	Up to \$2000/ear every 3 years
Eyeglasses/Contacts	N/A	N/A	N/A	N/A	\$150 allowance every 24 months
Hospital Benefits					
- Inpatient	90%	70% after separate \$250 deductible	No Charge	No Charge	No Charge
- Outpatient Surgery	90%	70%	No Charge	\$10 per procedure	\$10 per procedure
Emergency Room	\$50 - waived if ad- mitted	\$50 - waived if ad- mitted	\$100 - waived if admitted	\$35 - waived if ad- mitted	\$35 - waived if admitted
Ambulance Services	90%	90%	\$100/trip	No Charge	No Charge
Prescription Drugs	337	337	φ = σ σ γ α τ.β	Sharge	c.i.a.gc
Costco Pharmacy	\$0.00		\$0.00	N/A	N/A
Generic Formulary	\$5.00		\$5.00	\$5.00	\$5.00
Brand Name Formulary	\$15.00		\$15.00	\$10.00	\$10.00
Non-Formulary	\$30.00		\$30.00	Not Covered *	Not Covered *
Supply Limit	30 days		30 days	100 days	100 days
Mail Order Pharmacy					
Generic Formulary	\$10	.00	\$10.00	\$5.00	\$5.00
Brand Name Formulary	\$30	0.00	\$30.00	\$10.00	\$10.00
Non-Formulary	\$75.00		\$75.00	Not Covered	Not Covered
Supply Limit	90 days		90 days	100 days	100 days

^{*} if deemed medically necessary by Kaiser Permanente physician, then co-pay would be \$10

Key Terms

Deductible The amount you pay each year before your plan starts to pay

Copay A flat fee you pay for covered services like doctor visits

Coinsurance Your share of health plan costs (a percentage of total cost) after meeting your

Deductible

Out-of-Pocket Maximum

The most you have to pay out-of-pocket each year for health care services. Once this amount is reached, insurance will pick up 100% of any subsequent qualifying

expenses

Premium The amount you pay to belong to a health plan

In Network Providers who have agreed to render services at a negotiated rate

Out of Network

Providers who have not agreed to provide services at the negotiated rate, members can still see these providers but may experience higher fees, balance billing for the difference between the charged fee and the negotiated rate as well

as different deductible and out of pocket maximum

Navitus-Pharmacy Benefits (Anthem Blue Cross)

Prescription Coverage

"For Anthem Blue Cross HMO & PPO Plans"

Pharmacy Benefit Schedule for HMO & PPO prescriptions:

- \$0 Generic @ Costco Retail Pharmacy
- \$5 Generic @ Other Retail Pharmacy
- \$15 Brand Formulary
- \$30 Non-Formulary

Mail order prescriptions are available for thru Costco Retail Pharmacy for a 90 day supply:

- \$10 Generic
- \$30 Preferred Brand
- \$75 Non-Preferred Brand



Filling Your Prescription at a Network Pharmacy

Navitus has an extensive network of pharmacies in their program. Most independent pharmacies and pharmacy chains (except Walgreens) participate in their network so you probably won't have to switch pharmacies. There is a complete list of participating pharmacies on their website, https://www.navitus.com/members/pharmacy-directory.aspx If you use the pharmacy at Costco (you don't have to be a member. Just tell the person at the door you are there to use the pharmacy) your generic medications are free. There won't be a co-pay.

Using Your Medical Benefit ID Card

You will not need a separate pharmacy benefit ID card. Your medical benefit card also contains information about your pharmacy benefit. After July 1, just present your medical benefit card to the pharmacy when you refill your prescription. To determine your copayment before going to the pharmacy, call Navitus Customer Care number on the back of your card toll-free.

Getting your Drugs through Mail Order

Costco Mail Order Pharmacy will service your mail order needs. It is an easy way for you to get a 90-day supply of your long-term or maintenance medications. For drugs needed on a short-term basis (e.g., antibiotics for short-term illness), we recommend using a retail pharmacy.

Fax: 1-888-545-4615 E-prescribe

Costco Pharmacy will begin processing your order once you have placed a request and the original prescription is received at their facility.

Obtaining Refills

Once you've received your first prescription via mail order, refills can be ordered using any of the following methods:

- Online: <u>www.pharmacy.costco.com</u>
 - Call: 1-800-607-6861
 - Costco's 24-hour automated telephone system guides you through the refill ordering process. Be sure to have your prescription number available.

Or

Enrollinthe auto refill program online.
 Average process and shipping time is 6 to 14 days.
 Costco offers free standard shipping. Expedited shipping options are available for an additional fee.

Tips on Getting the Most Value From Your Medical Plan

1. Ask Questions

If you are having a procedure or planning an upcoming procedure, make sure you know how the procedure will be covered and what your out-of-pocket cost will be if any.

2. Utilize Your Free Preventive Care Benefits to Stay Healthy

Preventive care benefits are covered at no charge to you when accessed from in-network providers. Regular preventive care can reduce the risk of disease, detect health problems early, protect you from higher costs down the road, and may even help save your life.

What's the difference between preventive care which is free and diagnostic care which you share the cost For I the form of copays and/or coinsurance? Preventive care helps protect you from getting sick, while Diagnostic care is used to find the cause of existing illnesses. For example, say your doctor suggests you have a colonoscopy because of your age then you have not symptoms. That's preventive care. On the Other hand, say you have symptoms and your doctor suggests a colonoscopy to see what's causing them. That's diagnostic care.

3. Get the Right Health Care and Save Money

Choosing the right care for your medical situation will help save you money out-of-pocket:

- **Doctor's Office Visit:** This is the best choice for non-urgent medical issues.
- **Urgent Care:** This is the best choice for non-life threatening medical issues that require immediate care when you can't get an appointment for a Doctor's Office Visit.
- **Emergency:** You should use the Emergency Room for life threatening emergencies, or for other issues that require immediate medical care outside Urgent Care hours.

4. Use Generic and Over-the-Counter Drugs When Available

The best way to save on prescriptions is to use generic or over the counter medications as opposed to brand name drugs. When you use generic medications, you will pay the lowest copay.

Why are generic drugs less expensive? Generic drug companies do not have to develop a medication from Scratch, so the costs are significantly less to bring the drug to the market. Once a generic medication is approved, several companies can produce and sell the drug. This competition helps lower prices. In Addition, many generic drugs are well-established medications that do not require expensive advertising. Generic drugs must use the same active ingredients as the brand name version of the drug. A generic Drug must also meet the same quality and safety standards.

5. Use the Mail Order Prescription Drug Benefit for Maintenance Medications

As a Anthem Blue Cross member, you can receive a 90 day supply of your maintenance medications for the cost of only 2 copays (compared with a typical 30 day supply for a single copay) at your walk-in pharmacy. In addition, your medications will be delivered to your home.

As a Kaiser member, you can receive a 100 day supply of your maintenance medications for the cost of only 2 copays.

Dental Benefits

DeltaCare USA HMO Plan

With the HMO plan through Delta Dental, you are required to select a general dentist to provide your dental care. You will contact your general dentist for all of your dental needs, such as routine check-ups and emergency situations. If specialty care is needed, your general dentist will provide the necessary referral. In addition to orthodontia coverage the dental plan highlights include:

- There is no plan deductible.
- Services are only covered when you use the HMO network providers.
- You must select a general dentist from the HMO plan's pre-approved list of dental providers. Each family member may choose his or her own dentist.
- There is no annual maximum benefit.
- For covered procedures, you'll pay the preset copay or coinsurance fee described on the Dental plan schedule, codes and copays.
- · Your dentist will file all claims on your behalf.

Delta Dental PPO Plan

With the PPO plan through Delta Dental, you may visit a PPO dentist or a non-network dentist. When you access service from a PPO dentist, your out-of-pocket expenses will be less. You will usually pay the lowest amount for services when you visit a Delta Dental PPO dentist. If you obtain services using a non-network dentist, you will incur higher out-of-pocket expenses and you may be responsible to filing claims. This plan does not include orthodontia coverage. PPO Dental plan highlights include:

- This plan includes a deductible for individual and family coverage.
- You may receive services from providers inside and outside the PPO network.
- You are not required to select a general dentist.
- Each family member is subject to an annual maximum benefit.
- Most services are covered o a coinsurance basis.
- Most PPO dentists will file claims on your behalf. However, if you use the non-network tier of the plan, you may have to pay the dentist in full and then file a claim for reimbursement.
- Out-of-pocket costs will be higher if you use non-network dentists.

How to find a Dentist

Visit the Delta Dental website @ www.deltadentalins.com. Go to the link "Find a Dentist" then select one of the following, and follow the prompts.

DeltaCare USA (HMO)
 Delta Dental PPO



Download the Delta Dental app on the App Store or Google Plan to access your Delta Dental Plan Information 24/7 from your mobile device. The Delta Dental app allows you to view your benefits and claims, find a dentist, estimate dental expenses and access your dental ID card. The app also features a Toothbrush Timer to support you with healthy dental self care.

Delta Dental

Plan Name	DeltaCare USA	Delta Der	ital PPO
	Plan CA10A	Highlights, Gr	oup # 07026
Plan Features	Choice of dentist from DeltaCare USA network. No deductible. Co-pays for some services.	Choice of any dentist with work	in the Delta Dental Net-
Annual Benefit Maximum	Unlimited	\$2,000 pe	r person
Deductible (calendar year)	None	None	
		Delta Dental PPO	Non-Delta Dental
Diagnostic & Preventive Services	No Copay	100%	100%
(Exams, cleanings & x-rays)			
Basic Services	No copay	90%	90%
(fillings & sealants)			
Endodontics (root canals)	Various copays	90%	90%
Covered under basic services			
Periodontics (gum treatment)	Various copays	90%	90%
Covered under Basic Services			
Oral Surgery	Various copays	90%	90%
Covered under Basic services			
Major Services	Various copays	90%	90%
Crowns, inlays, onlays and cast restorations			
Prosthodontics	Various copays	70%	50%
Bridges, dentures and implants			

Delta Dental USA (HMO)

Visit the Benefits website to review the various codes and copayments for the above procedures.

Delta Dental PPO:

Reimbursement is based on Delta Dental maximum contract allowance and not necessarily each dentist's submitted fees.

This benefit information is not intended or designed to replace or serve as the plan's Evidence of Coverage or Summary Plan Description.

Please see website for more detailed information @ www.rsccd.edu/benefits

Vision Service Plan (VSP)

Vision Benefits Summary

Benefits	Description		Copay
Well Vision Exam	 Focuses on your eyes and overall wellness Every 12 months 		\$10 to exam and glasses
Prescription Glasses	•		
Frames	 \$140 Allowance for a wide selection \$160 allowance for featured frame \$2% savings on the amount over y Every 12 months 	e brands	Combined with exam
Lenses	 Single Vision, lined bifocal and line Polycarbonate lenses for depende Every 12 months 		Combined with exam
Lens Enhancements	 Tints/Photochromic adaptive lenses Standard progressive lenses Premium progressive lenses Custom progressive lenses Average savings of 35-40% on other lens enhancements 		\$0 \$50 \$80-\$90 \$120-\$160
Contacts (instead of glasses)	 \$105 allowance for contacts and c and evaluation) 15% savings on a contact lens exar Every 12 months 	· -	\$0
Additional Coverage	Diabetic Eyecare Plus Program		
Glasses and Sunglasses Extra \$20 to spend on featured frame brands. go to vsp.com/specialoffers for detail: 30% savings on additional glasses and sunglasses, including lens enhancements, fron provider on the same day as your WellVision Exam. Or get 20% from any VSP provided months of your last WellVision Exam.		lens enhancements, from the same VSP	
	Retinal Screening No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam		
Laser Vision Correction ■ Average 15% off the regular price or 5% off the promotional price: discounts only available tracted facilities ■ After surgery, use your frame allowance (if eligible) for sunglasses from any VSP doctor.			
	Your Coverage with Out-of-I	Network Providers	
Visit vsp.com for details if yo	ou plan to see a provider other than a VS	SP network provider	
Exam Frame Single Vision Lenses Lined Bifocal Lenses	up to \$70	d Trifocal lenses gressive Lenses tacts s	up to \$100 up to \$75 up to \$90 up to \$5

Life Insurance—Voluntary Supplemental Life Insurance

Basic Life insurance provides protection for your beneficiary in the event of your death. All benefit eligible employees are automatically enrolled in the basic Life Insurance Program thru MetLife. The District provides 1 x your annual salary or \$50,000 (whichever is greater) at no cost to you.

MetLife:

As a new hire you can select, up to 5 times your annual earnings (\$500,000 maximum). Amounts elected in excess of \$250,000 will require a Statement of Health. Your spouse can apply for amounts equal to 100% of the employee's coverage up to \$100,000. Spouse life insurance elected in excess of \$40,000 will require a Statement of Health.

Unmarried children from 14 days old to age 26 are eligible for up to \$10,000 of life insurance.

Each year during Open Enrollment established policies can be increased by \$10,000 for participating employees and their spouse. A Statement of Health will be required for any increase over \$10,000. Once coverage reaches \$250,000 for an employee all increases will be subject to a Statement of Health. Once spouse coverage reaches \$40,000 all increases will be subject to a Statement of Health.

Premiums are paid on an after-tax basis through payroll deductions. This policy has a portability option allowing employee coverage to continue after termination of employment.

Life Insurance Dependent Eligibility:

- Your spouse or unmarried child except for:
- A person who is in the military
- A person who is covered under this plan as an Employee
- A person who lives outside the US or Canada
- An unborn or stillborn child:
- A child who is under the age of 26

This is a 10 month payroll deduction September—June

If you enroll in supplemental life you will also be automatically enrolled in MetLife's **Will Preparation and Estate Resolution Services** at no additional cost. Please visit the RSCCD's website: Benefits; Will Preparation and Estate Resolution Services

Life Insurance Premium Rates This is a 10 month payroll deduction, September – June

Employee & Spouse	Age	Annual Cost per \$10,000
	Under 25	\$6.00
	25-29	\$6.50
	30-34	\$8.60
	35-39	\$9.70
	40-44	\$10.80
	45-49	\$18.00
	50-54	\$27.60
	55-59	\$51.60
	60-64	\$71.30
	65-69	\$137.20
	70-74	\$222.00
	75-79	\$358.80
	80 & Older	\$580.80
Children, \$5,000 per Child	To age 26	\$7.40 per family
Children, \$10,000 per Child	To age 26	\$14.70 per family

Optional Voluntary Plans that are payroll deducted

Hyatt Legal Plan

Hyatt Legal Plan membership provides participating employees and family members with access to legal advice and services including: Telephone advice and office consultations on an unlimited number of maters with an attorney of your choice.

For more information, contact Hyatt at (800) 821-6400, or visit legalplans.com.

This Plan is \$25.86 per month for 10 months, September-June

 Will& Estate Matters Wills and Codicils & Living Wills Trusts (revocable & irrevocable) Powers of Attorney (healthcare, financial, childcare) Probate 	your primary residence	Debt Collection DefenseIdentity TheftPersonal Bankruptcy
 Document Preparation Affidavits Deeds Demand Letters Elder Law Matters Mortgages 	 Family Law Prenuptial Agreement Uncontested Adoption Uncontested Guardianship Name Change 	 Defense of Civil Lawsuits Administrative hearings Civil Litigation Defense Incompetency Defense
 Traffic Offenses Defense of traffic tickets (excludes DUI) Driving Privileges Restoration Juvenile court defense 	 Consumer Protection Disputes over consumer goods and services Personal Property Protection Small Claims Assistance 	 Immigration Assistance Advice and Consultation Review of immigration Documents Preparation of Affidavits and Powers of Attorney

Optional Voluntary plans that are payroll deducted

American Fidelity - Flexible Spending Account

Health Care Reimbursement:

Use pre-tax dollars for a variety of qualified health care expenses. Under the plan you will estimate your out-of-pocket health care expenses and set aside funds in a Health Care Reimbursement Account. This account acts like a savings account that covers anticipated health care expenses incurred by you and your family members, such as annual medical insurance deductibles, out of pocket medical expenditures, and orthodontia.

The maximum pre-tax deduction is \$2,600 annually. You need to carefully plan as any unused funds will be forfeited back into the plan, per IRS regulations.

Dep. Daycare Reimbursement:

The plan will enable you to pay for your employment related child or dependent day care expenses with "before-tax" dollars. You may use this account if you have eligible dependents that require care either inside or outside of you home. Dependents are children under the age of 13 who qualify as tax dependents, or your children, spouse, or other dependent of any age who is physically or mentally unable to care for themselves.

Maximum annual tax-deferral is \$5,000. Any unused funds will be forfeited back in the plan, per IRS regulations.

These plans are available during initial eligibility period or each year at open enrollment By contacting American Fidelity, Nathan McCrary @ (866) 523-1857 ext 397. You must re-enroll every year during open enrollment to continue this benefit, per IRS regulations.

New Accounts: 866/ 523-1857, Ext 397 or 219 Claim Status: 800/325-0654

www.afadvantage.com

This is a 10 month deduction **September—June**

Accident, Disability & Cancer Ins.

AFLAC

Through AFLAC you can purchase voluntary supplemental insurance to protect your income in the event of hospital confinement, cancer expenses, personal accidents, and short term disability insurance.

The plans that are offered are:

- Accident Indemnity Plan
- Cancer Indemnity Plan
- Disability Income Protector
- Specific Health Event Protection

Contact Sandy Rokop @714-573-2910 for further information.

American Fidelity

American Fidelity also offers voluntary supplemental insurance:

- Accident Insurance
- Cancer Insurance
- Disability Insurance
- Life Insurance
- Specific Health Event Protection

To enroll—Contact American Fidelity General Questions (800) 323-3748 Changes (866) 523-1857, ext 219 or 397

Plan brochures and applications for AFLAC and American /Fidelity products are available to download from the RSCCD Website @www.rsccd.edu/. Go to Departments, Benefits, Accident, Disability & Cancer Ins. Click on applicable brochures and/or applications.

Health Advocate & Employees Assistance Program (EAP)

This is a terrific free resource for our full-time benefited employees, that you may not be aware of.

The district has contracted with a third party vendor called **Health Advocate** to help our employees and their families with some of their benefit issues. Their team of personal Health Advocates will help you and your family:

- Find the right doctors, hospitals and other leading healthcare providers anywhere in the country. This includes locating providers in your local plan's network.
- Help schedule appointments with providers including hard-to-reach specialists and critical care providers, arranging for specialized treatments and tests when serious illness strikes.
- Answer questions about test results, treatment recommendations, and medications recommended or prescribed by your physician.
- Help you get the most out of your doctor visit how to prepare, questions to ask.
- Obtain unbiased health information to help make an informed decision.
- Assist in the transfer of medical records, x-rays and lab results for a second opinion recommended by your doctor.
- Locate and research the newest treatments for a medical condition.
- Assist with finding qualified wellness programs and other resources to help you live a healthy life.
- Save time with one-stop advice instead of needing to make multiple phone calls and information searches.

Health Advocate is available to you and your family, including your spouse, dependent children, parents and parents-in-law, at no cost. As an employee you are automatically enrolled in the Health Advocate service - free of charge! So, when you have an issue, simply call the toll-free number and a Personal Health Advocate will answer your questions, do the research needed, and provide

Employees Assistance Program (EAP)

The district provides comprehensive and effective **FREE** on-line, telephonic, and face-to-face counseling services for you and your eligible dependents through our Employee Assistance Program (EAP).

These counseling service can help balance your personal and professional life and are provided in a counselor's private office or telephonically, depending upon your preference. Some of the areas the EAP can help with include:

- Personal balance
- Emotional wellness
- Marital/relationship issues
- Family issues
- Communication skills
- Stress management
- Alcohol and drug issues
- Work-related issues
- Grief issues
- Financial and legal concerns

Comprehensive:

You are eligible for several sessions per incident. When you need additional services, Health Advocate works in conjunction with your mental health benefits through your health plan or provides community resources as needed to ensure that you are able to resolve your particular issue. The EAP is in addition to any mental health benefits you may have through your health plan. All EAP counselors are qualified mental health professionals.

Confidential:

What goes on between you and your counselor is strictly confidential. The district will not be informed of your participation. Information will only be released with your permission, or as required by law for child or elder abuse, or in a life -threatening situation.

1-866-695-8622 www.healthadvocate.com/rsccd

Compass

Available to full-time employees enrolled in Anthem Blue Cross PPO Medical

Navigating healthcare these days seems impossible—unless you have Compass by your side. From finding doctors to getting cost estimates to solving billing problems, Compass is there to help. The district has partnered with Compass to serve as your personal healthcare advisor. Support includes:

- Find highly rated doctors, dentists and eye care professionals in your area who meet your personal preferences and health care needs.
- Receive guidance in understanding your benefits throughout the year.
- Get price comparisons before receiving care. Depending on the doctor, hospital or facility, costs can vary by hundreds or thousands of dollars—even in-network.
- Let Compass compare medication prices and explore lower-cost options for you.
- Have your medical bills reviewed to make sure you are not overcharged.

Compass is available to you and your family, including your spouse, dependent children, parents and parents-in-law, at no cost. As an employee you are automatically enrolled - free of charge! So, when you have an issue, simply call your Health Pro Shannon Duffie at 800.513.1667 x 5295 or via email at Shannon.Duffie@compassphs.com



Get instant answers with Health Pro Cloud.

Text "Compass" to 214.220.4608 to download the app today. Compass to 214.220.4608 to download the app today.





Additional Voluntary Plans

MetLife Auto, Home and Pet Insurance

If you're looking for Auto, Home or Pet insurance see what MetLife can do for you by going to the following website: www.metlife.com/mybenefits

• enter Rancho Santiago in the dialog box and click submit

United Pet Care Making Healthcare Pawsible

This is not Pet Insurance, but a discount plan that can be payroll deducted.

All pets are eligible regardless of age or pre-existing conditions. Additionally, the program is very affordable as low as \$8.75 per pet/mo for both well and sick care.

(949) 916-7374 http://rsccd.unitedpetcare.com

Annual Notices

State & Federal laws require that employers provide disclosure and annual notices to the plan participants.

You can find the following Annual Notices posted on RSCCD website @ www.rsccd.edu/benefits, click on Mandatory Notices:

COBRA Notice

For Voluntary termination or ineligible dependents

Cal COBRA

California has enacted a law that can extend health care continuation coverage for all individuals to 36 months, rather than the 18 or 29 months that may be provided under COBRA for loss of coverage due to termination of employment or a reduction of hours worked.

CHIP

Medicaid and the Children's Health Insurance Program

HIPP

Health Insurance Premium Payment Program

Medicare Part D Creditable Coverage Disclosure Notice

This link gives important information regarding your prescription coverage and Medicare

Premium Only Plan

Employee contributions for medical insurance premiums are deducted from your paycheck on a pre-tax basis as part of the IRS Section 125 cafeteria plan. This program is referred to by our district as a Premium Only Plan (POP). If you would like to opt out, please go to the District's website, Benefits Dept., Mandatory Notices and download the POP plan form.

Women's Health and Cancer Rights Act of 1998

Your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services.

Affordable Care Act

Provider Contact information

Plan Name	Phone Number	Website
ASCIP-Anthem Blue CrossPPO & HMO Medical	(800) 825-5541	www.anthem.com/ca/sisc
Kaiser Permanente HMO	(800) 464-4000	www.kp.org
Delta DentalDelta Dental PPODeltaCare USA (HMO)	(800) 765-6003 (800) 422-4234	www.deltadentalins.com
VSP Vision Coverage	(800) 877-7195	www.vsp.com

Navitus Prescription Benefit Costco—Mail in prescriptions	(866) 333-2757 (800) 607-6861	www.pharmacy.costco.com
American Fidelity Flexible Spending Accounts Voluntary Polices	(800) 365-9180	www.afadvantage.com
Health Advocate & (EAP) Retiree Assistance	(866) 799-2728	www.healthadvocate.com/rsccd
AFLAC - Veronica Rincon	(714) 446-1960 x 145	
Hyatt Legal Plans • MetLaw Client Services	(800) 821-6400	info.legalplans.com/home/
MetLife • Auto Insurance	(800) 438-6388	www.metlife.com/mybenefits • Enter "Rancho Santiago" & click submit
Compass	(800) 513-1667 x 5295	member.compassphs.com
United Pet Care	(949) 916-7374	www.unitedpetcare.com