



RANCHO SANTIAGO
COMMUNITY COLLEGE DISTRICT



Warning, Assumption Of Risk, Release & Waiver of Liability, Indemnity, and Agreement To Hold Harmless

I, _____, (Student ID#) _____ wish to participate in Intercollegiate Athletics at the Rancho Santiago Community College District, which I understand includes various activities such as practice, weight training, competition, travel, and treatment of injuries ("RSCCD Athletic Activities"). I represent and warrant that I am in good health and physical condition, and I agree that I will not undertake any activity that is not within my physical capabilities.

Acknowledgment of Risks

I hereby understand and acknowledge that as a part of any RSCCD Athletic Activities, there are known and unanticipated risks that could result in physical or mental illness to me, damage to property, injury to other participants, and injury to third parties. These risks include, but are not limited to: 1.) cuts, bruises, sprains, breaks, trauma, and/or disease; 2.) injury from falls or collisions with persons or objects; 3.) paralysis that includes loss or impairment of movement, strength, feeling, or use of a body part of function, which could last my entire lifetime; 4.) permanent injury to body joints (ex., ankle, knee, shoulder, hip, spine, wrist) resulting in loss or impairment of movement, strength, feeling, or use which may last my entire lifetime; 5.) disfigurement; 6.) death; 7.) injuries relating to temperature or weather conditions, including hypothermia, frostbite, dehydration, and heat exhaustion; 8.) injury from the use or non-use of sports equipment; 9.) injury during travel to, from, and during RSCCD Athletic Activities; 10.) injury due to the negligent or intentional acts or omissions of college personnel, teammates, participants, officials, spectators, or others; and 11.) injury due to the inaccessibility of emergency medical care or negligent medical care in the treatment of an injury.

Initial _____

Acceptance and Assumption of Risk

I am aware of the risks, dangers, and hazards of RSCCD Athletic Activities and personally and completely accept all risks associated with RSCCD Athletic Activities, including those listed above as well as those not specified, both anticipated and unanticipated, and including those which may result in death, injury, illness, damage to property, and injury to others.

Because of the potential risks involved, I acknowledge the importance of following, and agree to follow, all rules, and regulations pertaining to RSCCD Athletic Activities and my coaches', and athletic trainers' instructions regarding rules, techniques, training, equipment, and injuries. I understand that violation of such rules and instructions may result in injury to me or my opponent. I further understand that even when complying with all rules and instructions regarding RSCCD Athletic Activities and my safety equipment, there is nevertheless a significant risk of injury, including that which is inherent in sports.

I agree to report all injuries to the athletic trainer, and I acknowledge and agree that I am responsible for the follow-up care and treatment regarding to my injuries, under the athletic trainer's supervision.

Initial _____

Release of Liability, Waiver of Claims, Indemnity, and Covenant Not to Sue

In consideration for being permitted to participate in RSCCD Athletic Activities, I hereby release Rancho Santiago Community College District, its trustees, officers, employees, agents, representatives, coaches, athletic trainers, and volunteers (the "Releasees") from, and waive and covenant not to sue the "Releasees" for, any and all claims, demands, losses, liabilities, obligations, damages, causes of action, and costs (including attorney fees) that arise out of or in connection with RSCCD Athletic Activities, including claims arising out of the negligent acts of the "Releasees". I further agree to indemnify and hold harmless the "Releasees" against any and all claims, and all defense costs (including attorney fees) relating thereto, brought by me or any party on my behalf relating to RSCCD Athletic Activities, or brought by any third party relating to any injury or loss allegedly caused by my negligent or intentional acts or omissions relating to RSCCD Athletic Activities.

Initial _____

I represent and warrant that I have carefully read and understand the terms of this agreement and that I have entered into this agreement knowingly, voluntarily, and of my own free will; and intend to abide by its provisions without exception.

Signature of Student

Date

Signature of Parent/Guardian (If student is under the age of 18)

Date