



September 2026

Welcome to September!

We hope you and your child are enjoying the Language and Literacy Backpack. We would love your feedback about them.

Please make sure you have your current backpack ready to give back at the end of September, so that you and your child can explore a new Language and Literacy Backpack!

We are currently looking for families who would love to get involved and be a part of our Early Head Start Policy council.

Please let your child's teacher know if you are interested or have questions.

Morning Routines

Having a relaxing morning routine actually starts the night before.

- Pick out clothes and prep breakfast/lunches the night before.
- Have a consistent bedtime routine for you and your child.
- Have consistent locations to keep diaper bag, backpack, purse, wallet, keys, etc.

Don't forget to text or call Ms. Alicia if your child is going to be absent & provide reason.

(714)716-7208

Apple Tree Rhyme

Way up high in an apple tree

(hold arms over head)

Two little apples smiled at me.

(hold up 2 fingers to cheeks)

I shook that tree as hard as I could

(pretend to shake tree)

Down came two apples.

(point down)

Mmmm, they were good!

(rub stomach and smile)



IMPORTANT DATES TO REMEMBER:

September 1-4 – Home Visits for 8-2

September 7 – Labor Day: No School

September 8-15 – Home Visits for 8-1



What is an ASQ-3?

Your child's teacher will be passing out the Ages and Stages (ASQ-3) questionnaire. The purpose of this screening is to provide a quick check of your child's development. Your feedback will show your child's strengths and any areas in which your child may need more support. Also, the information you provide will be helpful in determining whether your child needs further assessment. Completing the ASQ-3 is simple. Try each activity with your child before you mark a response. Make this a game that's fun for you and your child. The ASQ-3 has five developmental areas: Communication, Gross Motor, Fine Motor, Problem Solving and Personal-Social. Your child might be able to do some, but not all the items. After you fill out the questionnaire, please turn into your child's teacher. She will go over the results during your child's home visit.

*****Home Visits*****

Home visits will start the first week in September for 8-2 & right after Labor Day 8-1. Please have your ASQ & ASQ SE ready for your child's teacher.

Our Parent Handbook is on our website. Please use it as a reference for enrollment & policies/procedures, our philosophy, and ways to get involved in the program.

<http://www.rscdd.edu/childdevelopmentservices>

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