



A Tale of Two Cities

The following sentences are from the video, “A Tale of Two Cities. Explain what you think the sentence means and then provide context clues from the video that helped you understand the meaning.

1. “Where you live is about more than your address. It is about opportunities.” (1:04 seconds).

- Meaning:

- Context clues from the video that helped you understand the meaning:

2. “So, for Maria, having to juggle so much to find healthy options can be an overwhelming source of stress which is a serious health risk factor.” (2:09 minutes).

- Meaning:

- Context clues from the video that helped you understand the meaning:

3. “In many cases, in cities and towns across California, the root cause was racial and economic discrimination.” (2:34 minutes).

- Meaning:

- Context clues from the video that helped you understand the meaning:

4. “Countries with the greatest income inequality have the lowest life expectancies.” (3:17 minutes).

- Meaning:

- Context clues from the video that helped you understand the meaning:

5. “We’re coming together to build one California: a smarter, more inclusive and equitable state that creates health.” (:28 seconds).

- Meaning:

- Context clues from the video that helped you understand the meaning:

Questions for Critical Thinking:

1. In your opinion, what factors have the biggest impact on your overall health and why?
2. What are some changes you would like to see happen to your city to make it a better place to live?
3. Who is responsible for improving the quality of living in our neighborhoods, towns & cities?

Answer Key:

Sample answers could include:

1. Your home isn't just about where you live. It is also about the opportunities you have there.

Sample Context Clues include:

- The video shows Deb has many healthy food options.
- We can see clean air bubbles. We can see parks.
- But, Maria's city looks very different. It is dark. It looks depressing.
- The city turns into map of California with ages in different locations.

2. Maria has a hard time trying to make healthy choices for a family and it causes her stress. Stress is not good for you. The video mentions many health problems that people face because of stress.

Sample Context Clues include:

- In the video, Maria is juggling many black balls that fall on her.
- She looks so tired.

3. The problem for many cities in California was that people were treated differently because of race or income level.

Sample Context Clues include:

- Certain areas on the map turn black. This means things are bad.
- We see these black areas being pushed into other areas.

4. People don't live as long in countries where there are many very rich people along side many very poor people.

Sample context clues:

- Deb is in a circle with the American flag. We can see the age go down.
- We can also see many other countries with higher ages.
- The video shows America in a little circle, next to a big circle that says inequality.

5. We are building a better California that is better and healthier for everyone!

Sample Context Clues:

- We see a happy city.
- We see people holding hands.
- We see parks.