

Dairy



milk



yogurt



cheese

Vegetables



carrots



peppers



broccoli

Fruit



oranges



grapes



apples

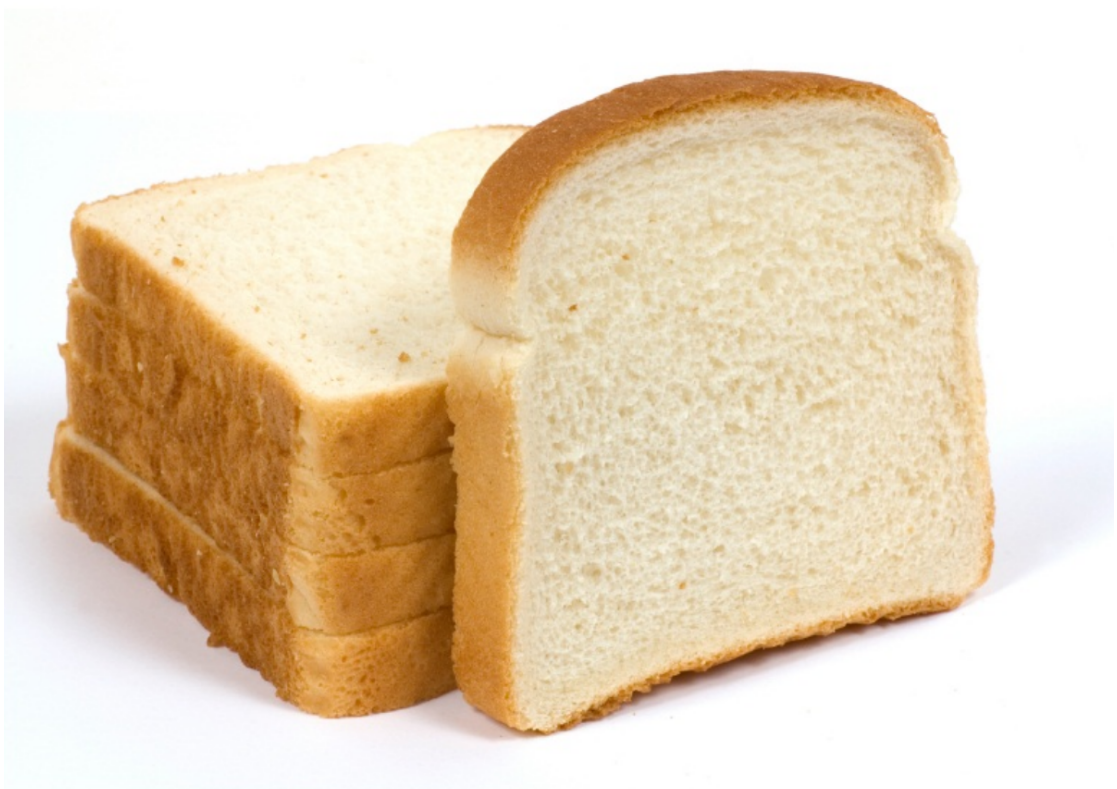
Grains



pasta



rice



bread

Proteins



nuts



eggs



bread

Junk Food

