

June/July 2026

Summer is here!!

Here are some tips for protecting children from the sun from the American Academy of Pediatrics:

- dress children in clothing that covers their arms and legs
- wear a hat with a 3-inch brim to protect the face, ears and back of the neck
- apply a SPF 30 or higher sunscreen on children over 6 months 15 to 30 minutes before going outside
- keep babies younger than 6 months out of direct and indirect sunlight by using an umbrella or stroller canopy

Tips to prepare your child for potty training

- Get a potty chair to keep around the house, use simple words for what it's for and how it works. Let your child pick out one they like to help them get more excited about the potty.
- Use words like "pee pee" and "poop" to familiarize your child with what's happening when you're using the toilet or when you're changing a dirty diaper.
- As your child gets a bit older and closer to actual potty training, show him where the poop from his diaper goes, and let him put it in his potty or flush it down the toilet.
- If possible, let your child watch when other family members of the same sex use the toilet

Summer Session is June 1-July 17!
You child can continue attending during his/her contract hours.

Home Visits will be conducted in June.
Please see your child's teacher to sign up.
8-1 the week of June 22
8-2 the week of June 15

IMPORTANT DATES TO REMEMBER:

June 2	Summer Session Begins
June 19	Juneteenth Holiday (center closed)
June 21	Father's Day
July 4	Fourth of July (center closed)
July 17	Last day of Summer Session, center closes at 3 pm
July 20-Aug 14	Summer Break (center closed)
Aug 13	Family Orientation Day

Thank you for showering us teachers with so much kindness during Teacher Appreciation week last month!

Supporting Math Skills with Your Child

Math concepts are a natural part of daily routines and activities. Here are eight math concepts you can use in your everyday with your child.

1. **Shapes** – Identify shapes in the environment. "Look at this mirror. It's the shape of a square."
2. **More** – One of the first math concepts children understand is more. "Do you want more apples?"
3. **Zero** – Make sure you include the concept of zero. "It's all gone!"
4. **Sequencing** – Explain steps of a process as you do them. "Before eating, wash your hands."
5. **Sorting and Classifying** – Children can begin to make sense of what's happening in their environment. "I'm going to put all the red cars in a pile."
6. **Spatial Relationships** – Help your child explore the physical relationship between objects. "Can you help me put this ball in the basket?"
7. **Patterns and Matching** – Talk about the different patterns in the environment. "The zebra in this book has stripes."
8. **Measurement** – Talk about size, weight & length of time. "That dog is shorter than this dog."

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