

Centennial CDC

**Child Development Services**
Rancho Santiago Community College District



"Autumn leaves are falling, Filling up the street; golden colors on the lawn, nature's trick or treat!"

Fall is in the air! It's time for falling leaves and pumpkins and cooler weather and we have a busy month ahead of us too! We will have our annual "trick or treat" parade around campus this month! More details will be shared as the date gets closer. Check the calendar on this newsletter for important dates. We also want to welcome Cat Casinto to our team! She is our MSW Intern and will be here on site Thursdays. I've attached her bio to this newsletter! Be sure to say "hi" when you see your around the school!

Stay healthy and safe!

Susan Wahl, Director

Contact us:
(714)241-5739

Susan Wahl, Director
Wahl_susan@sccollege.edu

Lilia Hernandez, Admin. Clerk
Hernandez_Lilia@rscdd.edu

Visit our website:

rscdd.edu/childdevelopmentalservices

October 2026

IMPORTANT DATES

October 15th...Great CA Shake-out

October 16th...PAC Meeting

October 29th...Trick or Treat Parade

October 31st...Halloween!

Next month...

November 11th...school closed for Veteran's Day

November 12th...Back to School night

November 23-27th Thanksgiving Holiday

Find out what our PAC is all about!



Be a part of the CEC Parent Advisory Committee!

What's Happening in the Classrooms?

Ms. Rebeca's Class (C-105) : We will be learning about fall, fall leaves, and pumpkins! We also are continuing to work with emotions and feelings and exploring the materials indoors and outdoors.

Ms. Yolanda's Class (C-110) : We are going to explore pumpkins! We will weigh them, measure them, sort them, pick them up, roll them and open them up and see what's inside them!

Ms. Elda's Class (C-111) : We will be exploring Autumn! We will go on nature walks to collect fall leaves, talk about their color, shape and size. We will also be having fun with pumpkins!

October is Fire Prevention Month!





Contact me through!
phone number:

(714) 660-3432

email:

ccasinto@csu.fullerton.edu

Introducing your New MSW Intern!

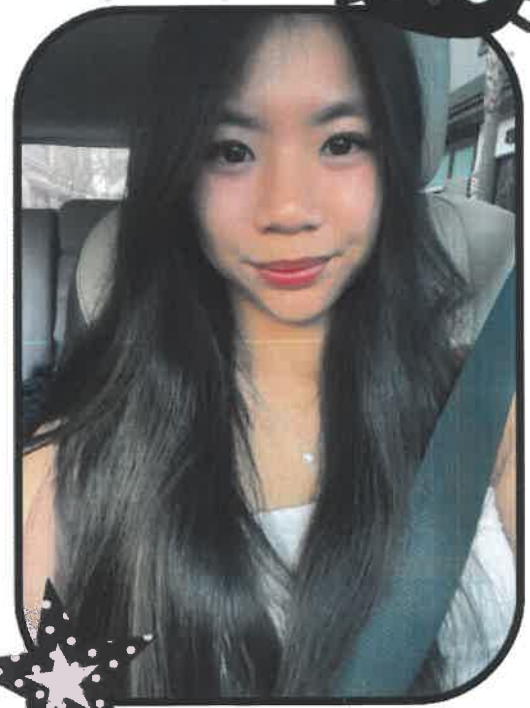
Hello, Nice to meet you! •••

My name is Cat Casinto and I will be the new MSW Intern for the 2026-2027 school year here at the Child Development Centers.

I am currently a student at Cal State Fullerton pursuing my Masters in Social Work. I am here to help support yourselves and your families as a whole. While supporting your child's teacher to ensure your child's optimal growth, I will also be available to you, through finding helpful community resources or helping you find the programs that are best and readily available to support you and your family, or whatever else is of necessity to you.

While I spend the next year here with you all, my main focus will be ensuring that your children's personal, social, and emotional development are all prospering, while also ensuring that you are able to take care of yourself simultaneously as a parent, caregiver, or family member.

If you see me around, please introduce yourself or come by my office to say hello. If I am not here at the center, feel free to leave a letter on my desk, or contact me via phone or email. I look forward to meeting you all and I am excited for this wonderful school year!



My Availability

SCC on Tuesdays:
7:30AM-4:00PM

Centennial on
Thursdays: 8:00AM
-4:30PM

let's have a great year!



Why Potty Training Matters

Every child is different, meaning their potty training journey will develop at their own pace. By learning toileting skills, it is an important step in children gaining independence.

- Potty training builds confidence and independence in kids
- Potty training also helps children learn their own body's needs
- Children develop an understanding of self-care skills
- Potty-training reduces the expense of long-term diaper use
- Being potty trained means your child can participate in everyday activities without the concern of accidents

Let's Read about It!

Community resources like the public library hold helpful items like storybooks to assist in children's learning. Below, are some recommended reads to teach your child about potty training that can be checked out for free at the public library.



Potty by Leslie Patricelli

A silly yet short story that follows the inner-thoughts of a toddler's adventure in learning how to potty.



Potty Time with Pete the Kitty by Kimberly and James Dean

This short story is a flap book, making it interactive and fun for young children to visualize using the potty.



You Poop Here by Paul Meisel

A fun short story to show where animals may poop and showcase where they should be using the potty.

Strategies for Busy Caregivers

Create a Consistent Potty Time

Placing potty time in the middle of natural routines can make the child familiar toilet time. This can be after waking up, having breakfast, or after each car ride.

Start Small

As a caregiver, you do not need to spend an entire weekend potty training. Start with one or two times a day where you spend time with your child practicing.

Having a Potty Buddy

The toilet can be a scary place for children. Having a toy or stuffed animal that gives them company during toilet time can ease those fears.

Every child will respond differently depending on strategy. Keep trying until you find one that works!

Common Challenges & Simple Solutions when Potty Training

"My child has constant accidents"

Try: Using a potty routine to prevent accidents throughout the day. Such as, going potty first thing in the morning and before bed time at night.

"My child only goes in diapers"

Try: Slowly introducing them to sitting on the toilet even if they don't need to go. Making the bathroom familiar can encourage them.

"My child had two dry nights, but started having accidents again."

Remember: Potty training is different for each child! Setbacks can happen during changes or stressful times.

Don't be Afraid to Ask for Help

Potty Training is big new step in a child's life. If there are any of the following concerns that come up. We encourage you to speak with your child's pediatrician or primary care provider if your child is experiencing:

- Pain when going to the bathroom
- Severe constipation
- Developmental concerns affecting toilet time
- Extreme fear or stress when using the toilet
- Other ongoing difficulties related to toilet needs

Community Resources

Newhope Library
122 N Newhope Street Santa Ana, CA 92703
(714) 647-6992

Delhi Library
505 E Central Ave., Unit B Santa Ana, CA 92707
714-647-5358

Community Action Partnership OC
Emily Elwan
Diaper Bank Manager
eelwan@capoc.org or (714) 897-6670 ext. 5306

POTTY TRAINING: *Small Steps toward Big Independence!*



**A Brochure for New & Current
Caregivers**