

Exclusively for Health Advocate Members



866.799.2728

Discount Gym Memberships



Look Great, Save Big!

Getting in shape takes a lot of hard work, and expensive gym memberships only make it harder. That's why Health Advocate has decided to team up with GlobalFit to bring you discounted gym memberships to over 10,000 gyms nationwide!

What is GlobalFit?

GlobalFit is a nationwide network of gyms that offers memberships at a discounted rate.

- **Choose from over 10,000 gyms nationwide.** Including big chains like 24 Hour Fitness, Bally, Anytime Fitness, and local favorites.
- **Lowest Price Guarantee.** If a gym offers a lower price, they will beat that price.
- **Full Access Memberships.** Enjoy flexible options, travel privileges and transfer options.
- **Easy Enrollment.** GlobalFit handles all questions, enrollments, and billing. No paperwork, payroll deductions, and most importantly no hassle.
- **Free Tips and Resources.** Stay motivated with articles, health tips and recipes.

Get exclusive member discounts on a variety of nutrition programs and home equipment, including Nutrisystem®, Total Gym®, and Zumba® DVDs.

How to sign up

- Visit www.globalfit.com/healthadvocate
- **Enter your zip code** in the "Find a Gym" box and click "Submit" to browse the list of participating gyms in your area
- **Select a gym** and follow the directions to register. For many gyms, you can get a Guest Pass for a free workout/tour by clicking on the "Get a Free Guest Pass" link
- **Choose a membership payment option** that's right for you

Questions?

Your Health Advocate Wellness Coach is available to help you enroll, as well as provide workout and nutrition tips to get you looking and feeling great!

Just call: 866.799.2728



HealthAdvocate™
Always at your side